

# ***CCCC* SUMMER DAY CAMP**

## **Sunscreen Policy Form**

Soaking up the sun's rays used to be considered healthy before we learned about the dangers of ultraviolet rays. These invisible rays, known as ultraviolet-A (UVA) and ultraviolet-B (UVB), cause suntan, sunburn, and skin damage. There is not "safe" UV light. Protecting young people from the sun is especially important as most of our lifetime exposure comes before the age of 20.

Our summer day camp participants spend a great deal of time in the outdoors and are thereby exposed to the sun's harmful rays. Since it is our commitment to promote healthy children, we have the following policies to this regard:

- ☀ **All campers and staff will wear sunscreen with an SPF of at least 15 on all exposed skin (including lips), daily, even on cloudy days.**
- ☀ **Parents or legal guardians will be responsible for applying the first layer of sunscreen prior to morning drop-off.**
- ☀ **The Camp Staff requests that you send Spray Sunscreen and a Face Stick for each child. The Spray Sunscreen helps us avoid counselors having to rub sunscreen into a child's skin.**
- ☀ **Parents or legal guardians will be responsible for providing children with enough sunscreen for the summer (in the original sealed container). The staff will notify you when your child's supply is about to run out. ONE CONTAINER PER CHILD, PLEASE. FURTHERMORE, DUE TO ALLERGIES WE CANNOT GIVE ANYONE ELSE ANOTHER CHILD OR STAFF MEMBER'S SUNSCREEN.**
- ☀ **Please check your sunscreen for an expiration date. We cannot accept sunscreens that are past their expiration dates. If an expiration date is not listed, the shelf life is around 3 years but may be shorter if it has been exposed to high temperatures.**
- ☀ **Campers will be reminded to apply sunscreen before extended outdoor activities.**
- ☀ **Christ Church Children's Center reserves the right to disallow anyone to participate in our programs at any time if they fail to comply with this policy.**

Please note that these decisions were made to protect your child. In addition, our staff members have been trained on this subject and understand their responsibilities and the consequences for failure in observing this policy.

*PLEASE READ, SIGN, DETACH, AND RETURN TO THE CAMP OFFICE*

I verify that I have read, understand, and for the protection of the well-being of my child(ren) agree to comply with Christ Church Children's Center's sunscreen policy. I also understand that if at any time I fail to comply with the policy, my child will not be allowed to participate in the program.

Child's Name \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_